



Letter to my Midwife

Name: _____

Personal ID-number: _____

Midwife Clinic : _____

1. Is there anything you think we should know about you so that we could provide the best possible support during labour?

2. Is there anything you worry about in relation to labour?

3. Are you planning to use medical pain relief during labour? Yes/No/Do not know. If so, what kind? Is there any pain relief you do not want?

4. How can the staff best provide support to you and your partner during labour?

5. Do you have any concerns about breast feeding or the time after labour?

6. Is there any additional information you would like to provide?

For your partner:

7. How can we best support you during labour?

